

Indigo Children

by Anitra Carr

Some of you may have heard the term 'Indigo children' being bandied about over the last few years. But what does it mean? Over the last decade or so many parents, teachers, doctors and psychologists have noticed that children these days are somehow 'different' to how they used to be in earlier generations. They are highly intelligent and creative, but also rebellious to discipline and authority, and systems in general (they have been described as having a 'warrior spirit'). They are also very emotionally and physically sensitive and are unable to conform to any dysfunctional situations, whether at home, school or work. The term 'Indigo' comes from the major colour observed in the aura or energy field of these children by clairvoyants. They have also been called Millennium Children by some authors and Children of the Sun by Native American Indians. Indigo children first appeared in the late 70s and early 80s and are aged approximately 7 to 25 years old. As of 1999, at least 90 to 95% of the children being born on the US and other industrialised countries appear to be of the Indigo type.

Although society tends to believe in evolution, this is usually only in the past tense and human psychology considers humanity to be a static, unchanging model. However, these new children indicate that we may be observing a new step in human evolution occurring right now. Indigo children are brilliant - they have IQs that average around 130 and many are up in the genius range of 160 or higher. Doctors and psychologists studying these children have found that they have a natural aptitude for computers - they are far more able to function within the parameters of computer software than anyone before (and they also seem better able to cope with the electromagnetic radiation generated by computers etc).

Unfortunately for many of these gifted children, their teachers and the educational system have diagnosed them with attention deficit/hyperactivity disorder (ADD/ADHD) because it was thought that they could not stay focused. However, it is now becoming clear that the children are simply bored with the speed and nature of the delivery and content of the information. Many of these children are given Ritalin and other addictive, mind-altering drugs to make them behave, resulting in a

large increase in childhood deaths by heart failure. Although these children are naturally empathetic and caring, due to their emotional sensitivity, they can become callous after years of emotional abuse. As a result they may suffer from depression at an early age and also extreme rage. Many of the children involved in school shootings in the US are Indigos. 'Alternative' schooling systems such as Waldorf and Montessori currently appear the best able to cater for these children.

In addition to behavioural changes, there are also some indications that there are physical differences as well, such as enhanced liver and thymus function. Author Drunvalo Melchizedek compares the physical changes in these children to what happens when cockroaches are fed poison: "At first they get sick and die, but then they mutate, change their DNA and end up loving our poisons. We have to keep changing our poisons because they keep adapting to them... We continue to feed our kids poisonous junk food, so they have to adapt to survive." Their enhanced thymus function means that their immune systems function a lot more efficiently. I presume that, as in the case of the liver and junk food situation, the enhanced thymus function is in response to all of the drugs and chemicals we start feeding to our children at an early age, including antibiotics and vaccines.

According to the people who have been studying these children, they also have heightened psychic abilities - they can literally read their parent's minds and know what they are thinking. As such, Indigos can readily sense dishonesty - they know when they are being lied to, patronised or manipulated. Many are clairvoyant and some are natural healers. An article in a recent New Idea Magazine (March 6, 2004) discussed a Russian teenager who is baffling the medical profession with her X-ray vision - she can literally see beyond clothing and skin.

So, what of the future? Well, apparently the latest generation of children (aged from zero to seven years old) appear to be different again from the Indigos. They are being called 'Crystal children' because of their opalescent auras which have beautiful multi-coloured pastel hues. In contrast to the Indigos, these children are even-tempered, forgiving and easygoing. They display an unprecedented level of kindness and sensitivity - they spontaneously care for people in need. They have a fascination for and form relationships with animals, plants, rocks/crystals and the elderly. They are quite philosophical and spiritually gifted. Interestingly, Crystal children have enhanced telepathic abilities, which often leads them to talk later in life - it is not uncommon for them to wait

until they are three or four years old to begin speaking. Despite most parents being able to communicate with these children through a combination of telepathy, sign language and sound/song, their delayed speech patterns often result in them being incorrectly diagnosed as having autism. Many new parents have reported that they could not relate to the description of an Indigo child, but that the Crystal child description perfectly described their little angel with the magnetic personality and the large, penetrating eyes, wise beyond their years.

There are now several of books out on Indigo (and Crystal) children: "*The Indigo Children*" and "*An Indigo Celebration*" by Lee Carroll and Jan Tober, and "*The Care and Feeding of Indigo Children*" and "*The Crystal Children*" by Doreen Virtue, all published by Hay House.