



## **Your Baby on a Budget**

Written by Mimi Clegg (2003)

Reviewed by Suz Nicholas

I thoroughly enjoy this book - it is full of wonderful ideas ranging from the baby basics, what you really need and how to go about getting your moneys worth, to free or cheap ways to entertain your baby at different ages. It has great recipes that include homemade finger paint to mealtime recipes. I have used a number of these recipes and have found

them to be great. I continuously return to this book for ideas and to see what sort of development I could be looking for at different ages. It also incorporates a section on baby health which has some natural remedies as well as bought ones. I particularly loved the ideas on how to make board books (see Children's Corner, page 24), homemade mobiles and many more - my baby girl loved to play with the finger paint (I just found that the mixture made heaps so I reduced the quantities). I have found this book to be an asset and that it helped me to come up with my own ideas as it gets the creative juices flowing. I continuously return to it. I thoroughly recommend it.